

Muscular System (Speedy Study Guide)

Components	Muscles Muscles are special type of tissues of human body that possess the ability of contraction and relaxation. They can contract actively thus producing force for different body movements.		
Types of Muscle	Skeletal Muscle Striated, under voluntary control, found attached to skeleton, produce major movements of body parts.	Smooth Muscle Non striated, not under voluntary control, found in soft organs of body; responsible for processes like digestion of food etc.	Cardiac Muscle Striated, involuntary, present exclusively in heart, responsible for pumping activity of the heart, very strong and tough.
Functions	Movements of body parts, Stability and Posture, Heat production, Circulation, Help in Digestion		

The muscular system is the series of muscles throughout the body that moves the skeleton, maintains posture through steady contraction, and generates heat through cell metabolism. Humans have three types of muscle.

Filesize: 5.8 MB

Reviews

An exceptional book as well as the font applied was fascinating to learn. It is loaded with knowledge and wisdom I am just easily can get a pleasure of studying a created book.
(Dr. Benjamin Lakin)

MUSCULAR SYSTEM (SPEEDY STUDY GUIDE)

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Speedy Publishing LLC, United States, 2014. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.The muscular system is the network of body tissue or muscle bands that are formed over your skeleton frame. The muscles, in conjunction with the skeleton and the body's nervous system work together to move the body and guide it through various activities and positions. Certain muscles are more dense than others as a result of certain activities such as cycling or weightlifting which helps develops the thighs or arms and which are expected to carry heavier loads. A chart of the muscular system would be beneficial in helping one understand what muscles are located where in the human body. If one seeks to improve their ability in a particular function, the chart will assist in describing which muscles to train.

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