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Hodder Stoughton General Division, United Kingdom, 2016. Paperback. Book Condition: New. 199 x 144 mm. Language: English . Brand New Book. You are just seven steps away from using neuro-linguistic programming to sharpen your skills and boost your achievements NLP In A Week is a simple and straightforward guide to neuro-linguistic programming, giving you everything you really need to know in just seven short chapters. From communicating more effectively to creating greater rapport with others, you ll discover the ability...

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- Authored by Mo Shapiro
- Released at 2016



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