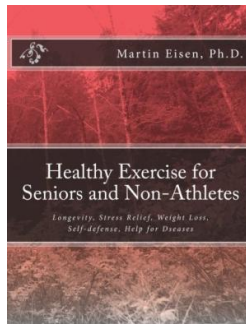


Healthy Exercise for Seniors and Non-Athletes



Book Review

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