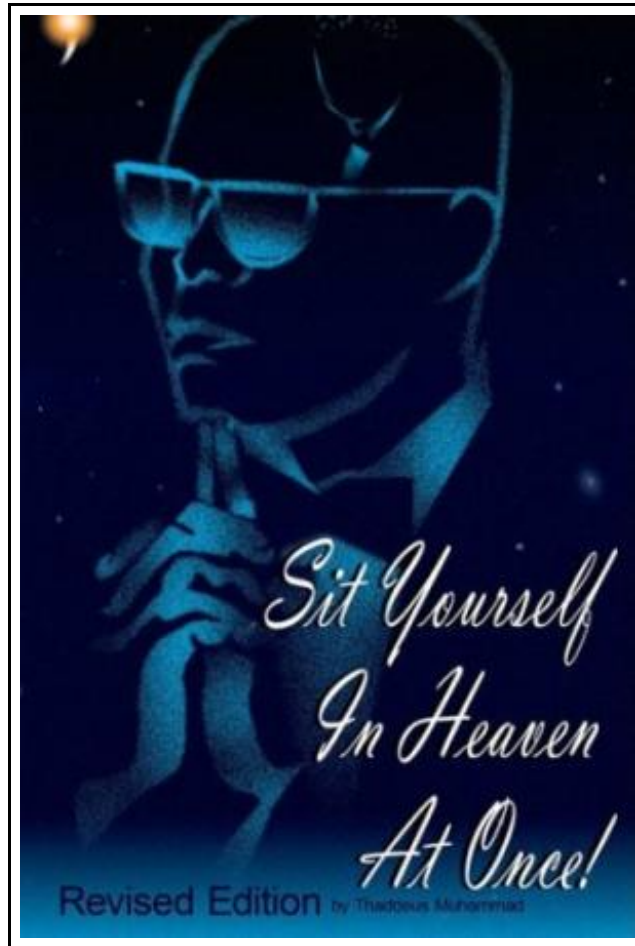


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***(Prof. Antone Olson II)***

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iUniverse, United States, 2008. Paperback. Book Condition: New. Revised. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Sit Yourself In Heaven At Once! is a positive affirmation of Black self-image psychology designed to eradicate the effects of the teachings of Willie Lynch. Many people, including some Blacks tend to trivialize this negative effect because of the time elapsed since slavery, or because of the shame of this history. Yet, when we look at the facts, Blacks lead in every negative statistic measured on the existence of humans. When you look at the senseless crime, health issues, and the apparant inability to build sustainable community institutions it is obvious to those that are truthful that something is woefully wrong. The exceptions only confirm that capability is not the issue. The issue is that too many are plagued by poor self-images, a lack of positive culture that encourages growth and development, poor food habits and the confusion of living in a world where one is bombarded with too many negative images of self on a daily and consistant basis. This negative sense of self tend to begat negative behavior patterns. This is a direct manifestation of undiagnosed and untreated post-slavery syndrome. This is a direct product of Willie Lynch s teachings which in general was to break the male, create a negative imbalance between the male and female by destroying the Black males ability to provide and protect. Instill the female with fear for the safety of her children, especially her sons, which intern limits the range of their vision, activity and reach. This fear would serve as a debilitating governor that would freeze the confidence of generations, and render those affected in their place. This system was designed to be self-imposed from one generation to...



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