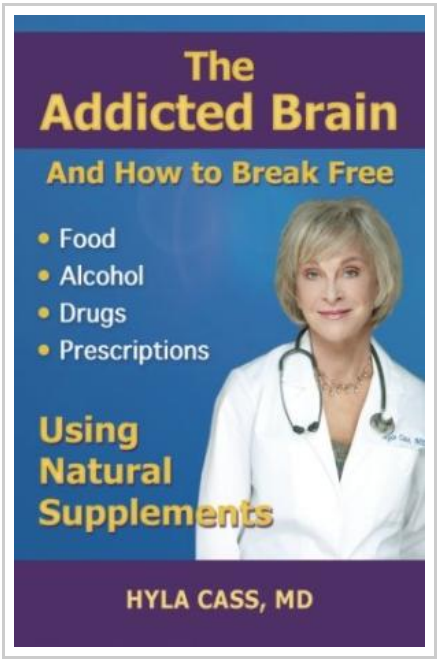

The Addicted Brain: How to Break Free

By Hyla Cass M D

Biobalance International, United States, 2014. Paperback. Book Condition: New. 214 x 142 mm. Language: English . Brand New Book ***** Print on Demand *****.This groundbreaking book by acclaimed functional medical doctor Hyla Cass takes a new and natural approach to addiction that offers positive results far from the tough it out methods or prescription drugs often employed by conventional medicine to treat addiction. Addiction has become epidemic is today s society. Addiction can involve a whole range of habits, including food, tobacco, alcohol, drugs of abuse, or prescription medication, and even behaviors like gambling, pornography, or sexual activity. Addiction is a brain disease affected by nutritional, behavioral and emotional factors. Very often, Dr. Cass has discovered, correcting brain chemistry imbalances that trigger addictive behaviors will eliminate the addiction. Her program of optimal brain nutrition that includes healthy eating, proper supplementation and lifestyle modifications has proven effective for thousands of her patients and readers without negative side effects. Praise for The Addicted Brain Once again, Dr. Cass has written an easy-to-read, easy-to-understand book about a not-so-easy subject. She performs a huge public health service by tackling one of today s major crises, and brings hope to the patients and their families....

Reviews

This ebook is wonderful. I have got go through and so i am certain that i am going to likely to read through once again again later on. You will like the way the article writer compose this ebook.

-- ***Miss Ariane Mraz***

This pdf will not be simple to start on reading through but extremely enjoyable to see. I have read and i also am sure that i will planning to read through again once more in the foreseeable future. You wont really feel monotony at whenever you want of the time (that's what catalogues are for relating to if you request me).

-- ***Mallory Kertzmann V***